



# Shaela Bradley, La Center



ALL-REGION GIRLS TRACK AND FIELD ATHLETE OF THE YEAR



TIM MARTINEZ/The Columbian

## Rest of the 2024 All-Region girls track and field team



**Paris Ackerman, Hudson's Bay**

Sophomore was 2A GSHL and district champion in the 200, 400 and long jump, reached the 2A state podium in all three.



**McKenna Calkins, Ridgefield**

Sophomore placed fifth at 2A state meet in 100 meters, and anchored Spudders' 4x100, 4x200 state-placing relays.



**Kathryn Chapin, R.A. Long**

Senior was Class 2A shot put state champion and one of two throwers in the region to hit at least 40 feet in the event.



**Karina Cooper, Camas**

Junior saved her best for last: eclipsing her season-best by a foot to place second at 4A state meet with a personal-best (12-6).



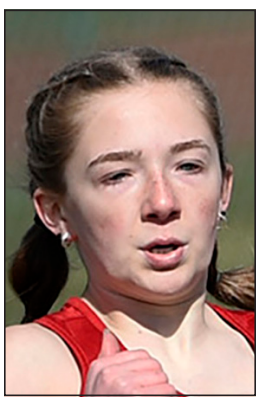
**Daphne Evenson, Skyview**

Junior was 4A GSHL's co-MVP, placed 7th in 1,600 at 4A state. Posted 4A top-10 times in the 800 and 1,600.



**Elsie Herold, Mark Morris**

Freshman won league, district titles in both hurdle races, and had two 2A state podium trips at 300 hurdles, 4x400 relay.



**Casie Kleine, Castle Rock**

Junior repeated as 1A 400 state champion, placed second at 200, and led Rockets' 4x100, 4x400 relays to podium placings.



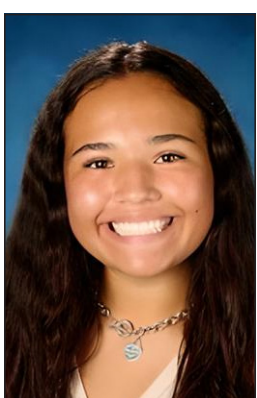
**Eliisa Marshall, Camas**

Junior was 4A GSHL's co-MVP, and ran two second-place times at 4A state meet: 800 meters and 4x400 relay.



**Jessica Polkinghorn, Columbia**

Senior had 2-foot personal-best to win 1A state shot put title. Also placed fifth in the discus at the state meet.



**Tiffany Sheldon, Seton Catholic**

Sophomore was area's top javelin thrower with personal-best of 123-10 to earn third place at 1A state meet.



**Gabriella Thompson, Camas**

Sophomore shined at several events, and reached the 4A state podium in high jump (5-2) and javelin (122-3).

**ABOUT ALL-REGION TEAMS**

All-Region teams are selected from teams in the 4A, 3A, 2A Greater St. Helens League, 1A Trico League, as well as Kalama. Coaches were consulted before staff made final selections.

Every athlete that is selected to a Columbian All-Region team during the 2023-24 high school year are invited to attend — free of charge — The Columbian All-Region Awards Ceremony, which will be held on Wednesday, June 5 at the Kiggins Theater in downtown Vancouver. To register for the ceremony, go to The Columbian events page at [Columbian.ticketbud.com](http://Columbian.ticketbud.com)