



Lauren Dreves, Columbia River



ALL-REGION VOLLEYBALL PLAYER OF THE YEAR



MICAH RICE/The Columbian

Rest of the 2023 All-Region volleyball team

FIRST TEAM



Lizzy Andrew, Ridgefield

The 6-foot-5 senior and Stanford commit had 190 kills with a .450 hitting percentage, 37 stuff blocks and 71 aces.



Kendall Mairs, Camas

The junior hitter/setter earned 4A GSHL co-MVP honors. Had 249 kills, 318 assists and 218 digs and 54 aces.



Halle Reiter, Camas

Senior libero and Santa Clara commit was the 4A GSHL co-MVP with 265 digs and 50 aces, leading Camas to sixth at state.



Sydney Dreves, Columbia River

The junior outside hitter had a team-high 234 digs along with 248 kills and a .445 hitting percentage.



Macey McCoy, Columbia River

The senior setter averaged 29.2 assists over 24 matches and earned first-team all-league honors. Also had 135 digs.

ABOUT THE ALL-REGION TEAM

The All-Region volleyball team is made by the staff of The Columbian, with input from area coaches. Nominees for the All-Region team were selected from the first-team all-league selections in the 4A Greater St. Helens League, 3A Greater St. Helens League, 2A Greater St. Helens League, 1A Trico League, plus Kalama.

SECOND TEAM



Emelynn Cecil, Prairie

The senior libero averaged 12.1 digs in 3A GSHL play. Led the Falcons to a 3A GSHL title and fifth place at state.



Makena Gamby, Mountain View

The senior was the 3A GSHL co-MVP and helped earn the program's third state berth with 322 assists, 282 digs and 184 kills.



Ali Millspaugh, Prairie

The senior outside hitter was the 3A GSHL co-MVP, recording double-digit kills in six of nine league matches.



Logan DeJong, Columbia River

The senior middle blocker and versatile role-player had 35 blocks, 110 kills and a hitting percentage of .355.



Hailey McEllrath, Ridgefield

The six-foot senior has committed to play at Lamar and had 118 kills with a .373 hitting percentage and 31 stuff blocks.



Billie Ross, La Center

Junior middle blocker was Trico MVP and led the Wildcats to third at 1A state with 343 kills, 62 blocks and 212 digs.