



Landon Kelsey, Ridgefield

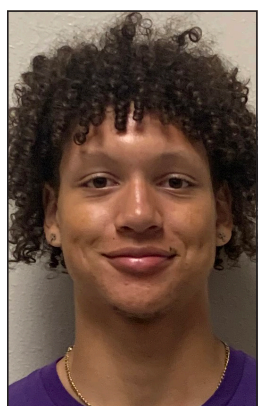


ALL-REGION BOYS TRACK & FIELD ATHLETE OF THE YEAR



WILL DENNER/The Columbian

Rest of the 2023 All-Region boys track & field team



Josiah Alanis, Evergreen

Sophomore owned the region's top long jump mark this spring and placed fourth at the 3A state meet (22 feet).



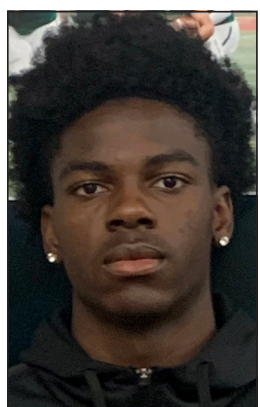
Isaiah Cowley, Ridgefield

Senior earned a runner-up finish in the 300-meter hurdles and placed sixth in the 110-meter hurdles at the 2A state meet.



Tony Peonio, Kalama

Junior won the 2B state championship in the pole vault with a height (14-6) that would have placed him third at 4A meet.



Arthur Ban, Evergreen

The junior hit a personal best in the high jump (6 feet, 4 inches) to earn fifth place at the 3A state meet.



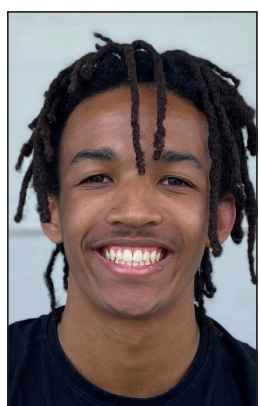
Ryan Faumuina, Fort Vancouver

Junior who placed third at the 2A state meet in shot put was one of four regional athletes to surpass 50 feet this spring.



Sam Sheppert, Skyview

Senior made the most of his first Class 4A state meet appearance by placing fifth in the 800 meters in a time of 1:56.96.



Revac Banfield, Columbia River

Sophomore posted the region's top 100-meter time (10.67) and placed fourth at 2A state in the 100 and 200.



Davari Grauer, La Center

Senior placed third in the 1A state meet in both the 100 and 200 meters and ran on both state-qualifying relay teams.



Jared Williams, Camas

Junior placed second in the Class 4A state meet in the javelin and also posted top mark this year in Class 4A (183-3).



Grayson Caldwell, Union

Junior placed fifth in the 400 meters at 4A state meet and ran on Union's 4x400 relay team that reached the state final.



Chase McGee, Camas

Sophomore was 4A GSHL field athlete of the year and placed 2nd in pole vault at 4A state meet with personal-best 14-9.

ABOUT ALL-REGION TEAMS

The Columbian All-Region sports teams are selected by the staff of The Columbian, with consultation from area coaches. Athletes eligible for selection come from schools in the 4A, 3A and 2A Greater St. Helens Leagues, 1A Trico League, as well as Kalama, Columbia Adventist, Firm Foundation, Washington School for the Deaf and Cedar Tree Classical Christian.

